



Bulletin for Gloucester

Vol. 70 No 22 Rotary Club of Gloucester Inc. 5th March, 2019.
Club 17925, District 9650 Chartered 17th May, 1950.

Secretary Ashleigh Hickman
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President Ernie Abeysekera
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Treasurer Vicki Coombes
vcoombes54@gmail.com

District Governor Lorraine Coffee Rotary Armidale AM
RI President 2018/19 Barry Rassin of Rotary Club of East Nassau, Bahamas

Ring or email Ray Martin's Office for apologies and to include guests before 10 am Tuesdays
Phone 6558 2200 or email rms@midcoast.com.au

Coming Meetings and other Functions.

Tuesday 5th March	Kings Creek Night: Meet at the Bowling Club at 5:30 for carpooling options. Tonight is \$25.
Thursday 7th March	Meet the candidates: Gloucester Country Club, 7pm
March 8,9,10	Rotary District Conference Weekend - Armidale
Saturday 9th March Partners & Friends Welcome	“Bush Poetry At The Saleyards”. Feature poet: Carol Heuchan alongside local treasure, Claire Reynolds, Bob Bush and many more... Music by Bowden Brothers Tickets \$25pp. On Sale from Gloucester Visitors Centre, Bowe & Lidbury and Gloucester Health Foods. **
Tuesday 12th March	Board Meeting
Saturday 16th March	9670 Conference: Forster
Tuesday 19th March	Networking Night: A great night to bring someone you think would like to join Rotary.
Saturday 23rd March	State Election: Rotary is a non-political organisation, but it is important that your voice is heard, so I encourage everyone to find a candidate who's commitments match up to ones own and vote for them.
Tuesday 26th March	Nowendoc: CHEEEEEEEEEEEEESE!! I'm sorry, that's all I wrote in my notes.

** Grahame Stelzer has asked for assistance for set up on FRIDAY 8th & pack-down on Sunday 10th. If anyone would like to volunteer to sell tickets on the night, that would be awesome too. For more information, you can contact Grahame on Ph: 6558 4370 Mob: 0418 659 532.

Hi Guys!!

What an action-packed weekend!! I'll get to that in a bit, but first of all...

Jodie House: *This is your life...*



What a speech Jodie gave on her life. Getting over her nerves she told us about her early life of growing up in Turrumurra, Terralga, and Gloucester with her family. Whilst in Gloucester Jodie attended Saint Josephs Primary School and Gloucester High School. She participated in the State Choir which saw her perform at both the Opera House and the Sydney Para Olympic Games. When it was time for Uni, she went to UNE - Armidale, studying a Bachelor of science, and then a Double Major in Evolution & Forensic Anthropology and ended up getting her Teaching Degree. During Jodies Uni years, she actually discovered her interest in Medicine and

Essential Oils after her family experienced a medical set-back.

In 1999, at 23 years old Jodie was accepted to her first teaching position in Tennant Creek, at their high school, teaching maths & science. Tennant Creek threw many challenges her way, but this is where she got to work with remote communities where she encouraged young people to pursue their education.

When she got the call to come home for family reasons, back in those days, it took 2 days travel to get here. She then started work at Chatham High School.

This is where Jodie met paramedics who talked about the work they do, and really sparked her interest in the NSW Ambulance Service.

Walgett was Jodie's first placement after probation. This is where she met a quiet English backpacker who wasn't staying in Australia for very much longer. 4 years later, they were married and in a weeks time, their son will be 5 years old (Happy Birthday Bass).

After Walgett Jodie moved to Narramine to be in charge of the Narramine-Broken Hill region, where she spent a lot of time travelling. So when the opportunity to move to Tuncurry popped up.

In 2007 Jodie and her husband moved to Gloucester.

During her years as a paramedic Jodie has had many experiences, both heart breaking and sometimes funny. She has had many opportunities to pursue different avenues in the field of Paramedics, including being trained in Counter Terrorism & Disaster Management. Some of the low lights of her career include receiving victims of the Bali Bombings back in Australia for treatment, while some of the high lights include delivering a baby on December 25th, which the parents refused to name the child Jesus. She has been chased from houses by a variety of animals, such as dogs, pigs and geese.

Jodie is involved in many different committees within our community. She says she wants to help out the forgotten people in the community. Jodie finds the service both challenging and rewarding and lives by the words "*You make your choices but your choices make you.*"

Thank you so much for sharing your story with us Jodie.



Clean Up Australia Day: Saturday February 2nd

The Interactors decided they wanted to participate in Clean Up Australia Day and so they met down at Billabong Park on Saturday at 10 am to do their thing. They covered an area that encompassed Billabong Park, the car park next to the park, the main street, the exercise stations and the river. They found some interesting objects, the weirdest being (possibly) part of a bbq. The prize for weirdest find went to Jack- he won a box of chocolates (if I can remember to bring them, and if Jack comes to the meeting). They also found a car tire, a wheel barrow tire, some PVC pipe and a deconstructed chair. They picked up 60kg worth of rubbish. Well done Interact!!



Health, Fitness & Sport Expo and Workout station Grand Opening: Sunday February 3rd



What an event! We had representatives from all over the health and fitness community of Gloucester come to formally open the exercise stations. It was a great turn out of people coming to check out what was on offer and to partake in many of the demonstrations.

Pure NRG Strength & Conditioning, a partner for the event, brought down rowing machines and ski machines (I think) and had a 1000m challenge.

You could win a months membership with them if you completed the challenge. They also had workouts for adults and children running throughout the day.



Gloucester Soccer Club showed off their skills with the kids running drills and doing a mini game for us. (They were so cute!!)

Taree Great Lakes BJP Physical Culture gave us a brief history of the sport, which started as a way to get people doing more physical stuff after WWII. They also had Riko & Josie (our Interactors) give a few demonstrations of routines from previous competitions. They also

gathered up a few people from the audience to participate in a mini class. Some of our Rotarians took part too and it was quite fun!



Nat had yoga demonstrations running throughout the day, both for adults and kids. Personally my favourite event of the day, because its as close to napping and exercise as one can get. It was a great introduction for both young and old.

Gloucester Football club showed off their skills with a mini game (forgive me, I am never sure what code I'm watching). The soccer and the football kids also showed a lot of interest in the Martial Arts Demonstration.

Toogee Martial Arts - Gloucester gave a great demonstration on how different techniques are used, when and why. They gathered some audience members to take part too. It was great to see how people both young and old got involved.



The event hosted Challenge Chaser Retreat, a local fitness getaway for people of all ages and abilities.

We even had Dog Agility Training with Jo-Anne Collins. (I got to pat a Saint Bernard Puppy!!)



Thank you to everyone who came to show support, to try a new sport or just wanted to see what Gloucester had to offer.

EXECUTIVE FOR 2018/19



President:		Ernie Abeysekera	0416 118 751
President Elect:		Li Meng Wong	6558 1043 B
Immediate Past President:	PP	Sam de Witte	0417 656 201
Communications/Secretary	PP	Ashleigh Hickman	0409 323 867
Treasurer:		Vicki Coombes	0439 481 099
Club Service	PP	Brian Beesley	0419 634 275
Youth Services		Karen Miles Jane Deen	0412 052 272 0448 581 550
Community Service		David Elliott	0401 716 601
Vocational Service		Valda Barron	6558 2992 H
International Service	PP	Peter Markey	0418 633 060
Public Officer & Executive Secretary	PP	Ray Martin	6558 2200 B
Bulletin Editor		Jade Spencer	0401 596 842

Meeting Set up Roster	
March	Ray Martin, Li Meng Wong, Terry Carson
April	Ashleigh Hickman, Mo Hjorth, Jim de Silva
May	Vicki C, Peter M, Valda B
June	Paul H, Merv, Jane

Bush Poetry at the Saleyards



Saturday 9th March 2019

The fabulous music of The Bowden Brothers continues to be a major feature of the evening, pre & post performance, and during the interval.



6:15 pm - The Bowden Brothers

7 pm - The Poets

Bring a picnic for your party plus a rug or cushions and prepare for an evening of live bush poetry, music and fun with the Bush Poets

Cost: \$25 per person

There will be a 50 Raffle with prizes donated by the artists. The Musicians and Poets CD's & Books will also be offered for sale.

All proceeds from the evening go to local Rotary projects.

Tickets to be purchased in advance from Gloucester Health Foods,

Prave & Ladbury Real Estate, both in Church Street or Gloucester Visitors Information Centre in Deragon Street.

Children under 15 must be accompanied by an adult in case some material is deemed offensive.

Mid-Cover Council is indemnified against any loss or injury.

ROTARY INTERNATIONAL



THE FOUR-WAY TEST
of the things we think, say, or do

first...

Is it the TRUTH?

second...

Is it FAIR to all concerned?

third...

Will it build GOODWILL and BETTER FRIENDSHIPS?

fourth...

Will it be BENEFICIAL to all concerned?

ROTARY INTERNATIONAL

2019

BOWDEN BROTHERS

RED CENTRE TOUR Gloucester to TENNANT CREEK

20 - SEP LIGHTNING RIDGE

21 - SEP BOURKE

22 - SEP CHARLEVILLE

25 - SEP LONGREACH

26 - SEP MOUNT ISA

2 - OCT BARKLY HOMESTEAD

6 - OCT TENNANT CREEK

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